

Find you freedom with Cingal, exclusively distributed in the UK by Eos active, with patient safety our number one priority

Cingal® is a simple, clinician-administered injection that delivers fast-acting and long-lasting pain relief for joint pain caused by osteoarthritis, so patients can once again enjoy daily physical activities with reduced pain.

Simple, single injection procedure

Cingal is a simple procedure carried out as a single injection in the convenience of a clinician's office or clinic. The clinician injects Cingal directly into the knee joint space where it combines with the synovial fluid to relieve the pain of osteoarthritis (OA) in the knee.

Cingal has been specially formulated as a single-injection procedure. Unlike other hyaluronic acid(HA) viscosupplementation treatment regimens that may require up to five injections, Cingal only requires a single injection to achieve fast-acting and long-lasting pain relief. The Cingal injection may be administered by an orthopaedic surgeon, rheumatologist, or other qualified health professional.

Quick pain relief

Every patient's experience is slightly different. For some, pain relief for osteoarthritis happens almost immediately, while it may take a few days for others. In a clinical study, Cingal patients experienced statistically significant reduction in knee pain in the first week.(5)

Lasting pain relief

In a Cingal clinical study, significant knee pain relief was sustained through six months.(5)

72% reduction in pain

Patient experienced an average of 72% pain reduction at 26 weeks.(5)



92% of patients

treated with Cingal responded positively in the areas of pain, stiffness, and physical function at 26 weeks(5)



Cingal - What you need to know



What is Cingal?

Cingal is a novel combination hyaluronic acid (HA) viscosupplement plus corticosteroid single-injection treatment for the pain of osteoarthritis (OA) of the knee. Cingal combines a fast acting corticosteroid with a long lasting high molecular weight, high concentration cross-linked hyaluronic acid formulation.

How does Cingal differ to other treatment options?

Cingal is the first and only CE mark approved hyaluronic acid (HA) and corticosteroid combination product. First in its class, Cingal is a unique product that combines an HA viscosupplement to provide long-term pain relief with a well-established corticosteroid to treat inflammation and provide rapid pain reduction.

How does it Work?

Hyaluronic acid (HA) is vital for maintaining the function and elasticity of the synovial fluid in human joints. Osteoarthritis (OA) causes the natural HA to break down leaving lower concentrations of HA in synovial fluid.

Cingal is designed to supplement the reduced amount of natural HA in synovial fluid in osteoarthritic knee joints. The formulation of Cingal allows for long-term relief of the symptoms of OA through lubrication and mechanical support from the viscosupplement component, enhanced by short-term pain relief provided by triamcinolone hexacetonide (TH) corticosteroid.

Is Cingal Safe?

Cingal demonstrated a very good safety profile in its clinical study as a combination HA plus corticosteroid product in the treatment of knee pain due to osteoarthritis.

In addition, both HA viscosupplements and corticosteroids are individually well established with proven track records supporting their safety and performance in the treatment of the pain of osteoarthritis.(1,2)

HA viscosupplements have been proven to be a safe, targeted therapy for osteoarthritis with minimal side effects. HA injections have been used for more than 25 years(3) to reduce pain associated with osteoarthritis (OA) and to improve viscoelastic properties of the synovial fluid. The Cingal formulation demonstrates the same protective and joint supporting action as pure Hyaluronic Acid but with the benefit of managing inflammation and harmful enzymes within the first week following injection(1,9)

What can I expect from the procedure?

Cingal is injected directly into the knee joint space where it supplements the HA in the synovial fluid. It is a simple procedure that may be done in a clinician's office or physiotherapy appointment.

Can I get repeat injections?

Yes. The safety of receiving a repeat injection of Cingal was confirmed in a follow up clinical study.(6) In this study, patients received a second injection six months after their initial injection of Cingal. Repeated treatments can be performed as directed by a clinician

Are there any side effects?

In a Cingal clinical study, a low number of patients experienced minor side effects. All were common side effects seen with viscosupplement injections, including injection site pain, joint pain, rash, redness or swelling, and all were resolved naturally without treatment.(5) Although the steroid within Cingal typically has much lower systemic side effects, we always advise to take standard post steroid injection protocols, given by your clinician.

When can I start to feel relief?

Every patient's experience is slightly different. For some, pain relief happens almost immediately, while it may take a few days for others. In a clinical study, CINGAL patients experienced statistically significant reduction in knee pain in the first week.(5)

How long does it last?

In a Cingal clinical study, significant knee pain relief was sustained through 6 months. Although there were no time points measured after 26 weeks, clinical results show that the effects of Cingal lasted and appeared to get stronger at 6 months, allowing patients to continue to experience maximum pain relief.(5)

What joint can have injected with Cingal?

Cingal is CE mark approved as a viscoelastic supplement or a replacement for synovial fluid in the knee joint and does not require a medicinal prescription. In the UK, Cingal is approved for use in the knee.

Who should consider an Cingal injection?

Patients who have mild to moderate osteoarthritis (OA) and whose conservative treatments such as lifestyle changes or pain medications no longer effectively manage their pain due to osteoarthritis may benefit from a Cingal injection.

Cingal is designed for patients who demand quick results, want to remain active, prefer a single visit treatment. However, Cingal is also an effective treatment for those that have severe OA and are looking to delay reconstructive surgery due to social or employment reasons.

Steroids alone are considered a medicine in some countries, why is Cingal available without prescription?

Cingal's CE mark approval is for a medical device given that the major component of the product is hyaluronic acid (HA). The steroid is considered an ancillary drug component that does not impair the mechanism of action or structure of the HA.(8)

1. Bellamy N, Campbell J, Robinson V, et al. Intraarticular corticosteroid for treatment of osteoarthritis of the knee. Cochrane Database Syst Rev. 2006 Apr 19;(2):CD005328.

2. Ozturk C, Atamaz F, Hepguler S, et al. The safety and efficacy of Intra-articular hyaluronan with/without corticosteroid in knee osteoarthritis: 1-year, single-blind, randomized study. Rheumatol Int. 2006 Feb;26(4):314-9.

3. Ault A. From the Head of a Rooster To a Smiling Face Near You. New York Times, 2003 Dec.

4. Zoorob R., Cender D. A Different Look at Corticosteroids. Am Fam Physician. 1998 Aug 1;58(2):443-450.

5. Cingal 13-01, a randomized, double-blind, placebo-controlled, active comparator Phase III study. Anika Therapeutics, Inc.: study sponsor, Dr. Laszlo Hangody: global principal investigator, SynteractHCR: CRO.

6. Cingal 13-02, an open-label, follow-on study to Cingal 13-01. Anika Therapeutics, Inc.: study sponsor, Dr. Laszlo Hangody: global principal investigator, SynteractHCR: CRO.

7. Mazzara, J., MD. Cortisone Injections. Connecticut Center for Orthopedic Surgery, LLC., Web: [Subheading](#)

8. R009-041, Technical Report, "Chemical Stability Evaluation of Cross-Linked Hyaluronic Acid and Triamcinolone Hexacetonide in Cingal Product", December 2009. Appendix II of the device dossier.

9. Bauer et al. Biomedicines 2022 Jul 18;10(7):1733. doi: 10.3390/biomedicines10071733 Increased Chondroprotective Effect of Combining Hyaluronic Acid with a Glucocorticoid Compared to Separate Administration on Cytokine-Treated Osteoarthritic Chondrocytes in a 2D Culture